

2025 - 2026



Table of Contents

A Note from Emery

Sunday Programs

Confirmation

Downtown Youth Group

Companion Ministries

Student Info Sheet

Emergency Contact Sheet

Liability Form

Photo Release Form





HEY THERE!

So you're the parent or guardian of a teenager? Congratulations! You have one of the most important (and sometimes the most difficult) jobs on the planet.

We know your job isn't always easy, but here's what we want you to know: we're here to help, in any way we can. Sure, we're a "youth" ministry, but teenagers aren't the only people we care about. We care about you too.

No matter how connected (or not connected) you are with our church, this Parent Handbook will show you some of the ways we're trying to care for your kid and serve you at the same time.

Thanks for letting us be another voice in the life of your teenager. Your trust and partnership means a lot to us. We can't wait to see what this year has in store!



S U N D A Y P R O G R A M S

BREAKFAST

All 6th-12th grade students are invited to bring their breakfast downstairs to share a meal and fellowship together. At 9:45am, Choiristers will leave for choir practice and all other students can stay for Sunday school.



Let's dive into Scripture! High school and middle school students explore in small groups to wrestle with the big ideas that scripture has to offer.

STUDENT|LIFE GROUP

Come share a meal, engage with friends, and deepen your experience of faith. Each week we begin by breaking bread; we have fun and interactive games, and we share in lessons and small group time.









ACOLYTES

Acolytes play an essential role at the intersection of service and faith in our parish. As an acolyte, you will have the opportunity to lead our congregation in worship and develop a deep sense of camaraderie by taking on a number of important positions with peers on Sunday mornings and for special events:

CHORISTERS

Children and youth deepen their sense of history, liturgy, language and art as well as their ability to interpret sacred texts and music in the English Cathedral tradition. Through the ongoing effort of learning and working together, they also develop friendships and community.

JUNIOR DAUGHTERS OF THE KING

This group focuses on community service and prayer. They are junior members of the Daughters of the King, an order of Episcopal women living under a communal rule of prayer and service. Members discern a call to the life of Christ and make a vow to pray daily for church and world. Junior members are mentored by a Senior Daughter.









CONFIRMATION

A NEXT STEP IN FAITH

Confirmation is an important part of one's lifetime journey of faith as followers of Jesus. Many students elect to be confirmed at some time during their high school careers, and Confirmation is open to any 9th-12th grader. Confirmation classes begin in the fall and culminate with the Bishop's visit and our celebration of confirmation in late spring. Students interested in exploring confirmation will meet on select Sundays at 12:15pm (lunch included!) to prepare for this important step in their Christian walk.

Classes begin October 12. Email Emery at emery@ccclex.org if interested.

CLASS OF 2025/26



CONFIRMATION SCHEDULE

SUN, OCTOBER 12 - 12:15

CLASS 1 - Chapter 1 - What is Confirmation?

SUN, OCTOBER 19 - 12:15

CLASS 2 - The Church in Context

SUN, OCTOBER 26 - 12:15

CLASS 3 - Chapter 2 - The Bible

SUN, NOVEMBER 9 - 12:15

CLASS 4 - Chapter 3 - Knowing our history

SUN, NOVEMBER 16 - 12:15

Mentors + Students

SUN, JANUARY 18 - 12:15

CLASS 5 - Chapter 4 - What do we believe?

SUN, JANUARY 25 - 12:15

CLASS 6 - Chapter 5 - Worship

SUN, FEBRUARY 1 - 12:15

CLASS 7 - Chapter 6 - Sacraments

SUN, FEBRUARY 15 - 12:15

Mentors + Students

SUN, FEBRUARY 22 - 12:15

CLASS 8 - Chapter 7 - Prayer

SUN, MARCH 1 - 12:15

CLASS 9 - Chapter 8 - Navigating the Church

SUN, MARCH 8 - 12:15

CLASS 10 - Chapter 9 - What is your Ministry?

SUN, MARCH 15 - 12:15

Mentors + Students

SUN, MARCH 22 - 12:15

Instructed Eucharist

SAT, APRIL 18 - ALL DAY

Confirmation Retreat - Students + Mentors

SUNDAY, APRIL 26

Confirmation Day



DOWNTOWN YOUTH GROUP

CHRIST CHURCH CATHEDRAL AND FOUR OTHER DOWNTOWN CHURCHES HAVE CREATED A PARTNERSHIP CALLED THE DOWNTOWN YOUTH GROUP (DYG). EACH MONTH STUDENTS FROM THESE CHURCHES COME TOGETHER FOR FUN, FELLOWSHIP, AND FAITHFUL TEACHING.

PARTNER CHURCHES

- CHRIST CHURCH CATHEDRAL
- CENTRAL CHRISTIAN CHURCH
- FAITH LUTHERAN
- FIRST PRESBYTERIAN
- SECOND PRESBYTERIAN

DATES

- AUGUST 24 JACOBSON PARK
- SEPTEMBER 28 MINI GOLF
- OCTOBER 26 SECOND PRESBYTERIAN
- NOVEMBER 23 FIRST PRESBYTERIAN
- DECEMBER 13 CENTRAL CHRISTIAN
- JANUARY 25 FAITH LUTHERAN
- FEBRUARY 22 CHRIST CHURCH
- MARCH 22 SECOND PRESBYTERIAN
- MAY 3 MAIN EVENT







STUDENT & PARENT/GUARDIAN INFO

Parent/Guard	dian Name(s)	
Parent/Guard	 dian Phone Numbers	;
Parent/Guard		
Student's Ful	 Name	
Goes by (if d	ifferent from first no	 me)
Pronouns		_
 Students Gra		
 Student's Sch	 nool	
Student's Da	te of Birth	
 Student's Pho	 one Number	
 Mailing Addr	 ress	
City	 State	Zip Code



Emergency Contact Information
Student Name
Emergency Contact Name
Emergency Contact Number
Relationship to Student
/ Date:
Insurance Information
Insurance Provider
Policy #
Food/Drug Allergies
Special Health Needs
Do you give adult leaders permission to dispense Tylenol, Advil, or other over-the-counter medications? Yes / No
Exceptions



N I								
Name	 							

has my permission to attend all Christ Church affiliated events. I understand that all reasonable safeguards will be taken, but that the Christ Church Cathedral STUDENT|Life Ministries and the leaders of these events are not responsible for any accident, illness, injury, or damage or consequence resulting from participation in the events, unless such accident illness, injury or damage results from the gross negligence or wanton misconduct by or on behalf of Christ Church Cathedral STUDENT|Life Ministries and/or the leaders of the events.

I knowingly and freely assume all risks of accident, illness, injury or damage, both known and unknown, even if arising from the negligence of those persons or entities released from liability in this document, both for myself and on behalf of the participant whose name appears above. I, for myself and on behalf of the participant whose name appears above, hereby release and hold harmless the episcopal church of the advent, the facility at which the event is held, and the leaders of these events, their employees, agents, officers, and directors ("releases") with respect to any and all injury, disability, death or loss or damage to person or property, whether caused by the negligence of the release or otherwise, except that which is the result of gross negligence and/or wanton misconduct.

X-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under, the general or special supervision of any licensed medical personnel on the staff of and any licensed hospital. This authorization is given in advance of any specific diagnosis, treatment or hospital care required, but is given to provide authority and power to render care, which is deemed advisable in the best judgement of the physician.

I understand that Christ Church Cathedral outings are often held at camps and conference centers that have open cabins and are located near wooded areas. Therefore, temperatures can be extreme, and campers are subject to insect bites, spider bites, and insect-borne illnesses. In order to prevent such bites and illnesses, I agree to teach my child the importance of always wearing this repellent and its proper application.

I understand that this release is valid until revoked by those persons who have signed it. I understand that I sign this release in my own capacity and in a representative capacity on behalf of the minor child. I have read this release of liability and assumption of risk agreement, fully understanding its terms, understand that i have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Parent/Guardian Signature:
/
Date:



Student Photo Release

I release consent to Christ Church Cathedral STUDENT|Life Ministries to record my child's likeness, via still photo, video, or audio recordings, for use as promotional material for the Christ Church Cathedral STUDENT|Life Ministries I understand that these recordings may be edited at the discretion of the Christ Church Cathedral STUDENT|Life Ministries, and that they may be published in promotional videos, brochures, Christ Church Cathedral STUDENT|Life Ministries newsletters, and Christ Church Cathedral and/orther STUDENT|Life Ministries's websites. I hereby waive all rights to compensation for the use of these recordings.

 Student Name	
Student Signature	
// Date	
Parent/Guardian Signature:	
/ Date:	





